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My Husband's A Porn Addict: A Wife's Tormenting Journey Through Her Husband's Addiction ((Pornography Addiction, Porn Addiction, Spouse Of Porn Addict))





Synopsis

Many people wonder if porn is a problem in marriage. Yes, it is a huge problem when there is an addicted spouse. Porn addiction in marriage wreaks havoc on your relationship. It creates emotional distress on the spouse that is not addicted in astronomical amounts, and on multiple levels. I know this first hand because My Husband [is a Porn Addict](#). I was not aware of this going into our marriage, but soon after, it became painstakingly evident. The lying, sneaking and betrayal were almost too much to handle. My husband did, eventually, find the right kind of help; but not until massive damage was done to my spirit. I now have body image issues, poor self esteem and anger issues left to sort out in the wake of his porn addiction. In ["My Husband \[is a Porn Addict: A wife's tormenting journey through her husband's addiction"\]\(#\)](#), you will read about some of the things my husband did, the effect it had on me at the time; and also learn the long-living effects that I am still left to deal with and heal from. This is a raw, uncensored account on the effect of porn addiction in a marriage. You will learn, first hand, what it is like to be the spouse of a person addicted to porn. "[The book itself] is very candid. You really dug down to the depths of your soul and exposed your innermost feelings. You were completely honest on how you felt, how you acted towards him. The insecurities, the betrayal, the hurt and the wanting to hurt him were all very real. I gained another perspective on this porn addiction issue- how the woman sees it. I can say that I understood how it feels only in the perspective I was given when I suspected my wife was cheating on me. Many men will not come close to understanding the wife's point of view because in our minds, it was only virtual and not like we were physically intimate with someone. Your book proves that porn places a wedge between a couple and hurts just as bad as a real affair. Porn has been referred to as an affair of the mind." ~Roger Pike [battleplan.com](#) "Erin Hugar has written a candid, courageous account of her marriage to a sexually-addicted partner. With heartbreak and hope, she outlines the roller-coaster journey of recovery in discovering that they both need help, an insight which helps save her marriage. Her honesty in describing both the pain and darkness, and the emergence of hope via recovery and therapy, is refreshing and inspiring. I recommend her book to the countless number of people who struggle, often silently, in their relationship to an addicted partner." ~Darren Haber, MFT [therapistinlosangeles.com](#)

Book Information

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Customer Reviews

Never received I will give it a 1

Some good information, some helpful but mostly one woman's story about what she went through. I does help seeing that you are not alone.

It's nice to know that their are other wife's, girlfriends, etc. That have gone through and are still going through this problem.

Very sad I wasted money on this book. This comes from the view of a woman who refused to have sex with her husband-then got upset when he was looking at porn. Sorry, not what someone who actually wants the sex but cant get the husband from the porn is looking to read. Reviews led me to think it would be good....

This book is an easy read, but it goes deep. Erin shares her heart and raw feelings, holding no punches. Husbands, if you want to understand how your watching porn makes your wife feel, read this. Wives, if you think you are alone in dealing with your husband's porn usage, read this. Anyone

else who thinks pornography is just a normal part of life with no consequences, you must read this.

Not very helpful... or realistic in my opinion she's almost apologetic and blaming her self the entire time.. I was hoping to find it a little more empowering...

I have been going through the same thing and was searching for someone whom was able to put into words exactly what wives feel. Thank you to the author of this book. I don't feel so much alone anymore. Also, it is very comforting knowing that there I hope for recovery of such a vile and tormenting addiction for both the addicted and the hurt spouse.

It was a good read, the feelings are the same and I can relate, had some good information and hope there is a future.

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